

## Thursday 8 December 2022

**Winter weather** We've had the first proper snow of the season across Grampian today, and a Yellow warning for snow and ice across the region has been extended until noon on Sunday 11 December. The conditions make all our jobs more challenging, at a time when we are not short on challenges already. Well done to everyone working hard across health & social care; we are maintaining critical services and supporting people – our family, friends, and neighbours – right across the north-east.

**Chair's blog** The new Chair of Grampian NHS Board – Alison Evison – chaired her first board meeting last week. <u>Alison has written this blog</u> and aims to provide regular updates to you all about the activities of the board.

**Vaccination clinics open for drop-ins** As you may have seen already today, all vaccination centres in Grampian will be open for adult drop-ins for 'flu and COVID-19 vaccinations from Monday 12 December. If you have friends or relatives who are eligible for their Winter jabs and haven't yet had them, please encourage them to visit a centre.

Parents or carers of children aged 2-5 are encouraged to book appointments for 'flu vaccination, rather than drop-in, as this ensures we have the correct vaccine available for them. Primary and secondary school pupils were offered 'flu vaccination in schools; where they missed those sessions, they can arrange vaccination at a participating community pharmacy. Details of these pharmacies are on <u>www.grampianvax.com</u>, you can also find the full details of all vaccination centres here.

**Climate Emergency and Sustainability** Earlier this week, we asked you what this means for NHS Grampian. Your answers? Future, futureproofing, and survival. Environmental, planet saving. Carbon reduction and net zero. Waste reduction, recycling and good use of resources. Behaviour change. Responsibility, accountability and stewardship. There were some skeptical views too – lip service and greenwashing amongst them and little mention of equity and better health. Overall, a range of perspectives and all valid. Thank you for the participation of so many of you at the workshop on Wednesday to influence Grampian's strategy. Clearly this matters a lot. A presentation made on the day is attached to today's Brief – reimagining the health service for people and planet. It emphasises why we need a whole-system strategy and why planet health is so inextricably linked with human health. Do get in touch if you would like to know more or become more involved – however small (Jillian Evans).

**Patient festive events - funding** NHS Grampian Endowments has extended the deadline for staff planning festive activities for patients to apply for funding. If you would like to apply for financial support for festive-related decorations, activities, gifts, etc. for patients, please contact the Endowments team on <u>gram.charities@nhs.scot</u> to request an application form. Completed forms must be returned to the email address above by **midday on Monday 12 December** to be considered.

**Chronic Liver Disease Screen** On behalf of the hepatology team, we are happy to announce a new TrakCare OrderComms panel request for Chronic Liver Disease Screen, where we've combined all the required investigations into a single click. This is also age appropriate and will prompt to request the correct tests for your patient's age. This should help ease the workload on clinicians.

**Culture Collaborative** The Culture Collaborative open forum is for those who want to learn about, and nurture and develop, supportive, inclusive and empowering work cultures where the values of caring, listening and improving are evident in everyday practice. Our next Culture Collaborative will take place on 16 December, 9-10am. If you are interested in coming along to the Culture Collaborative, please contact <u>gram.culturematters@nhs.scot</u> All welcome; the flash report from the last collaborative is attached to the email used to send out this brief.

**16 Days of Action against Gender Based Violence** Over the past 16 Days the NHS Grampian Public Protection Team have provided information on a series of topics to raise awareness about Gender Based Violence and the role of Health Professionals in addressing it. We've listed the articles and the dates of the briefs they featured in below, <u>you can check those briefs out by clicking here</u>.

16 Days of Action: Role of the Health Professional Thursday 24 November

**16 Days of Action: How Health Professionals recognise Gender Based Violence (GBV)** Monday 28 November

16 Days of Action: Role of the Child Health Practitioner Tuesday 29 November

16 Days of Action: Routine Enquiry of Abuse (REA) How and when to ask the question and who should be asked? Wednesday 30 November

16 Days of Action: Domestic Abuse, Stalking and Harassment and honour-based violence Risk Indicator Check list (DASH- RIC) Thursday 1 December

**16 Days of Action: Multi-Agency Risk Assessment Conference (MARAC) Process** Monday 5 December

All NHS Grampian staff who work with patients are responsible, as part of their role, for addressing the needs of people affected by GBV whether they are patients, visitors, others in the patient's home (such as children) or NHS colleagues. If you see a possible risk, please make sure you know what to do. Further Information can be accessed on the <u>Public Protection intranet site</u> and training is available on <u>TURAS</u> (simply log-in and search training required).

**Tune of the day** Amanda Adamson makes today's request with a gentle (but firm) reminder not to forget about the metalheads! I never could, so please enjoy <u>Pain With An Anchor</u> by Mastodon (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via <u>gram.communications@nhs.scot</u>