

Wednesday 29 June 2022

Plan for the Future – the case for change We're planning for the future. 1 in 3 adults in the UK have a long-term condition. Supporting them to live as healthy a life as possible accounts for a huge amount of NHS activity every year.



1 in 3 adults in the UK have a long term condition which accounts for half of GP appointments, 70% of inpatient bed days and 70% of the acute care budget.

Withdrawal of temporary COVID policies/terms & conditions The emergency footing position for NHS Scotland ended on 30 April 2022. In light of this, the Scottish Government are removing a series of temporary policies and variations to standard terms and conditions. These were put in place to assist staff and the NHS throughout the pandemic.

The majority of temporary COVID-19 related policies will end on 30 June 2022, a full list is available [here](#). Many of those listed were used for specific periods during the pandemic, such as when school closures or shielding were in place. Others have been superseded by later Scottish Government guidance. Two changes from 1 July 2022 are highlighted:

- **Quarantine self-isolation when returning to the UK** - special leave will no longer be granted for any required quarantine associated with essential foreign travel as a result of a family illness or bereavement.
- **Adverse reaction following COVID-19 vaccination** - when a staff member experiences adverse effects from a COVID-19 vaccination and is unable to work, time off work in the 48 hours following the vaccination will now be recorded as sick leave rather than special leave.

As of 31 August 2022, the COVID special leave provisions for staff self-isolating or absent due to the virus will end. There will be a transition onto sick absence and contractual sick leave entitlements. More information on this will be communicated in due course.

The provision to allow overtime to be offered to Agenda for Change Band 8 and 9 and Executive and Senior Managers remains in place until 31 March 2023, to assist with increasing capacity and to support service flexibility and recovery.

MS Teams being set to 'private' All Grampian MS Teams 'teams' (i.e., all teams set up by colleagues attached to NHSG) are being set to 'private' by NHS National Services Scotland this week. This means the information in the Team will only be accessible to its members ('need to know'). If you wish for your team to be 'public' you will have to change that manually in the settings. Please think carefully before doing this, as the 'public' setting means anyone in NHS Scotland can access it. It may be better to have a wide membership for the Team rather than have it open to every individual in every health board in Scotland.

If your team contains any personal data, it must be set to private and registered using the form attached to the email used to send this brief. If you've any questions or you need to submit a form because your Team contains personal data, please contact gram.infogovernance@nhs.scot.

New radiotherapy machine a first for Scotland ARI is now home to an Ethos radiotherapy machine, the first such in Scotland, which will enable the teams to deliver adaptive radiotherapy. This means treatment can be altered to take account of patient weight loss or tumour shrinkage. With the new machine now on site, we are developing detailed clinical procedures and we expect to be one of the first centres in the world to offer on-line adaptive treatment for Head and Neck cancers.



L-R Nicola Redgwell (Radiotherapy manager), Cat Burnett, Nicola Miller, Gillian McIntosh (all Radiotherapists), Julie Fox (Radiotherapy Physicist), John McLellan (Head of Radiotherapy Physics), Dr Rafael Moleron (Consultant Clinical Oncologist)

Delivering the Difference An event took place earlier today to highlight the Delivering the Difference campaign. This sees Friends of ANCHOR, The ARCHIE Foundation, and the University of Aberdeen Development Trust working together to support The Baird Family Hospital and ANCHOR Centre projects. The ARCHIE Foundation and Friends of ANCHOR are hoping to raise £2m each, which will help fund upgrades across a wide range of facilities – including, for example, enhanced birthing pools in the new Baird building, upgraded treatment chairs in The ANCHOR Centre and contributing to art and environmental enhancements in both buildings. The University of Aberdeen Development Trust is raising funds to ensure services provided are at the forefront of research and teaching.

We Care Wellbeing Wednesday

- **Health Information Week** This annual event gets underway next Monday. This year it has a mix of themes: Translated Patient Information, Long Covid, Health Resources, Kidney Health, Media Literacy, Heart Healthy and Arthritis. For available resources on the above, please click [NHS Grampian and Health Information Week 2022](#) or follow the #HIW2022 on Twitter.
- **Meno & Pause Co-lab Café** The fifth Meno & Pause Co-lab Café event will take place Pittodrie Stadium on Thursday 14 July, starting at 10.30am. This will be a very relaxed environment, open to anyone who is interested men and women. This event will focus on symptoms and therapy methods. We are working together to try and diminish the stigma around menopause, to empower people with relevant information, support, and relatable role models. The event finishes at 12:30 but the room will remain open until 13:30 for any networking or discussions.

For more information and booking please follow [Meno & Pause Co-lab Cafe Tickets, Thu, Jul 14, 2022 at 10:30 AM | Eventbrite](#)

NHS Scotland Event – feedback request If you attended any – or all – of the NHS Scotland Event in Aberdeen last week, you will have received an email today requesting your feedback. We'd encourage as many of you as possible to complete the survey included.

Tune of the day We're saying farewell to another long serving colleague today; Kerry Loxton has been in touch to let us know Wendy Ratcliffe is leaving with nearly 40 years of service under her belt. The North Green Health Visiting team at Foresterhill Health Centre wish Wendy all the very best (as do we) and they've asked for [One Day Like This by Elbow](#) – this video is their live performance from Glastonbury last weekend (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot