

Friday 24 June 2022

COVID-19 – latest figures [New data from the Office for National Statistics](#) suggests the number of people in Scotland with COVID-19 has risen again, to 1 in 20 for the week ending 17 June. We'll have more analysis of the current situation next week, but as we head into the weekend, please use COVID sense. Use face coverings in crowded places or on public transport, ensure good ventilation if you are meeting indoors, and wash your hands regularly and thoroughly. If you are experiencing any COVID-like symptoms do not come into work or socialise with family and friends. If your job involves direct patient contact, please continue to test twice weekly with Lateral Flow Devices.

M&S Food (ARI) extended opening hours A trial of longer opening hours for M&S Food in ARI is being extended. The store will be open until 10pm, 7 days a week, until 31 July.

Rail strike A final day of industrial action by RMT union members will take place tomorrow (Saturday 25 June); there will be no trains into or out of Aberdeen, either north or south of the city, as a result. A replacement bus/taxi service is not available. [Further information is available on the Scotrail website.](#)

NHS 24 COVID helpline Our colleagues at NHS 24 have advised their non-clinical COVID helpline, currently available by calling 0800 028 2816, will close at 4pm on Thursday 30 June. Anyone calling the line after Thursday will be directed to the NHS Inform website.

That was the week that was Missed a brief this week? Fear not; here is our weekly round up of the key items shared. [All briefs are available to read online here.](#)

Monday 20 – MS Teams privacy controls and naming convention, Hospital @ Home/Shire Supported Discharge info session postponed

Tuesday 21 – National Care Service legislation published, Scottish Health Awards 2022 open for nominations

Wednesday 22 – COVID-19 update, donation requests for ARI clothing pod, We Care Wellbeing Wednesday

Thursday 23 – Trial of Trickle digital platform, smoke-free sites, Nursing through COVID research study engagement sessions

Ashgrove Connects Ashgrove Connects is a project aiming to improve Ashgrove Road, Ashgrove Road West and Laurelwood Avenue in Aberdeen. As one of the most prominent occupants of the neighbourhood, staff based at Foresterhill Health Campus may be particularly interested in this, but it is open to anyone. [More information about the latest phase of the project is available on their website](#), the current consultation will close on 17 July.

STAR Award Congratulations to Karen Beaton, the most recent recipient of a STAR Award. Karen was nominated for her role as Senior Charge Nurse when Wards 303/304 at ARI operated as surge wards. If you want to nominate a colleague or team for a STAR award, [simply complete the online form](#), or email the details to gram.staffthanksandrecognition@nhs.scot.

Tune of the day We round off the week with Ol' Blue Eyes himself. [Frank Sinatra's My Way](#) has been requested for Sheila Riddoch, who is retiring from the post of Lead Dietitian after an amazing 40 years of service to the NHS. We join Sheila's colleagues in wishing her a very happy and healthy retirement!

I hope you have a wonderful weekend whatever it is you are doing. The poem below, by Jean Little, may sum up your plans! The brief will return on Monday (EP).

TODAY I will not live up to my potential.
TODAY I will not relate well to my peer group.
TODAY I will not contribute in class.
I will not volunteer one thing.
TODAY I will not strive to do better.
TODAY I will not achieve or adjust or grow enriched
or get involved.
I will not put my hand up even if the teacher is wrong
and I can prove it.

TODAY I might eat the eraser off my pencil.
I'll look at clouds.
I'll be late.
I don't think I'll wash.

I NEED A REST.

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot