

Thursday 21 July 2022

ASK CAROLINE

CHIEF EXECUTIVE STAFF QUESTION & ANSWER SESSION



[In the second of our themed Q&A sessions](#) with Caroline and other members of the Chief Executive Team, car parking is top of the agenda as we're joined by Paul Allen, Director of Infrastructure & Sustainability. Paul gives a host of updates on some critical issues for colleagues across the organisation as well as helping Caroline answer your submitted questions.

Featuring an update & timescale for the **upcoming review of staff car parking** across our sites as well as tackling an array of other staff vehicle/transport parking questions, Caroline & Paul also touch on the **importance of Dr Gray's** in Grampian, **laptop availability & working from home**, **staff toilet facilities** and **CCTV & staff security** on our sites this week.

[01:04](#) Introducing Paul, his remit & his directorate

[02:58](#) Organisational dependence on infrastructure teams.

[04:27](#) Update on upcoming NHS Grampian vehicle parking review

[06:32](#) Motorcycle Spaces on NHS Grampian sites for staff

[07:49](#) ARI Purple Zone - Staff Toilet Facilities

[09:29](#) More bike lockers at work for staff?

[12:05](#) Laptop availability and impact on ability to work at home. Guidance for managers on working from home.

[18:05](#) Why is all mail now sent second class?

[23:00](#) Electric car charging points for staff

[25:38](#) Cleaning/paintwork around Dr Gray's Hospital

[27:45](#) Importance of Dr Gray's in Grampian

[31:37](#) Aberdeen staff shuttle bus service restoration & refinement of routes/times.

[34:07](#) Potential for a staff park and ride service for Aberdeen or Elgin?

[39:00](#) Reintroduction of NHSG car sharing/vehicle parking impact of new Baird/ANCHOR developments.

[42:18](#) Review on CCTV on our sites following Q&A feedback

If you'd like to ask Caroline a question, send an email to gram.communications@nhs.scot (Please indicate if you would like your question to be anonymous). An audio (podcast) version of this episode is [available to listen to on SoundCloud here](#). Unfortunately, we do not have a transcript available this week.

Plan for the Future – update/feedback session There will be three sessions next week, offering health & social care staff the opportunity to hear updates about – and feedback on – the Plan for the Future. The sessions will be held on MS Teams, as follows:

Monday 25 July, 1-2pm

Tuesday 26 July, 10-11am

Wednesday 27 July, 11.30am-12.30 pm

If you would like to take part, please email Susanna Wilson (susanna.wilson@nhs.scot) indicating which session you wish to attend.

Aberdeen City HSCP - new Frailty Pathway The demand for health and social care services is ever increasing and Aberdeen City HSCP have taken unique steps to tackle it head on with partners across Grampian.

People, especially older populations, remain fitter and healthier the longer they remain at home when safe and appropriate to do so. Outcomes for many people following even a short stay in hospital can be negatively impacted. It makes sense that we try to provide more services in people's homes and communities, when safe and appropriate to do so, which is what people tell us they would prefer to a hospital admission.

Over the past two years, we have been working hard to deliver improvements to our services which provide care for people living with Frailty. This involved major changes to how we deliver our services. In redesigning our Frailty Pathway, we moved staff and resources from the hospital to our community teams (Hospital at Home; Rosewell House; and our community teams), to provide more care for older people closer to their homes and in their homes. [To find out more please watch this short animation](#).

For more information please contact: ACHSCPEnquiries@aberdeencity.gov.uk

What are the main health issues in your community? NHS Grampian Endowment Fund, the official legal charity that exists to support the health board, is developing the Lasting Impact programme. This will see us work in partnership with local charities to undertake social research into the key health issues in our communities. We'd like to hear your views on what issues you feel the new programme should focus on. [You can do this by filling in this short survey](#). This survey is not exclusive to health & social care staff, so please share the survey link widely

Innovation Hub Seeking Input from Young People Do you know any young people of secondary school age? We are looking for their help in designing an app to help them and their peers manage uncomfortable symptoms in their stomach, such as feeling sick or sore, using psychological techniques. Two tech companies are developing the apps with support from some NHS staff. We now need some young people to help shape how these apps will work. We are running a one-day workshop where the companies will be keen to hear your ideas and views.

The workshop will take place at the Sir Duncan Rice Library in Aberdeen on 2 August 2022 from 10am to 3pm. Lunch and travel expenses will be provided. If you know any young people who might be interested, they can register by emailing: p.dicks@abdn.ac.uk

Aberdeen Sports Village Corporate Games – swimming competition We are still looking for two male participants for the swimming event. As one female competitor has unfortunately had to withdraw, we are also keen to fill that space. The event take place on the afternoon of Saturday 30 July and more information is attached. Please contact gram.sports@nhs.scot if you would like to take part

Football The Sports Committee would like to keep the momentum from the Games going and so we are trialling football at Aberdeen Sports Village. The first session will take place at 7.30pm next Wednesday (27 July), with firm dates and times to be decided. The football is mixed male/female. If you are interested in joining this team, please email henry.evans@nhs.scot

Ticket offer – Paw Patrol Live! Race to the rescue The team at P&J Live are offering a 40% discount on tickets for this event next Tuesday (26 July). There are three shows in total, please click the relevant link.

[Paw Patrol 10.30am](#)

[Paw Patrol 1.30pm](#)

[Paw Patrol 4.30pm](#)

Tune of the day Michael Laing from the portering team steps up to our virtual jukebox, requesting Green Day's [Good Riddance \(Time of Your Life\)](#). This put me in mind of the Glen Campbell cover, which then reminded me of our crowdsourced cover versions playlist, [still available to listen to right here](#) (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot