

Tuesday 18 October 2022

**Staff 'flu/COVID-19 vaccinations** The staff drop-in opportunity at Garioch Vaccination Centre has now ended; these vaccinations are now appointment only at **all centres**. As a reminder, clinics are not offering 'staff-only' queues. You can book an appointment [using the online booking system](#), or by calling 0800 030 8013

**International Infection Prevention Week** Yesterday it was SICPs, today we're looking at Chapter Two of the National Infection Prevention & Control Manual (NIPCM) and TBPs, or Transmission Based Precautions. These are categorised by the route of transmission; Contact, Droplet, or Airborne. Refresh your knowledge on this and help keep us all safe in clinical settings [by reading Chapter Two here](#).

**Anti-slavery Day** 18 October is Anti-slavery Day. When we think about slavery, it might conjure up historical images of the past. However, slavery is still very real for many people right here and right now. In Scotland we refer to modern slavery as Human Trafficking and Exploitation; human trafficking is the illegal trade of adults or children for the purposes of exploitation. It includes the recruitment, transportation, transfer, harbouring, or receipt of people. Borders do not have to be crossed before human trafficking is classed as such.

During our work in health & social care, people who have been trafficked may be our patients or clients. The Public Protection team have put together a factsheet with further information, [available here](#) (intranet link, networked devices only). There's also [guidance for health workers](#) on the Scottish Government website.

**Calling all Healthcare Support Workers!** We have two exciting opportunities for you:

1. If you've been a HCSW for 12 months or less, why not come along to the Enhancing Care development day, taking place on Tuesday 25 October, in Room 203 of the Suttie Centre. There is a full day programme, covering everything from tissue viability to Values Based Reflective Practise.

To book, ask your line manager to contact [gram.practiceeducation@nhs.scot](mailto:gram.practiceeducation@nhs.scot). Places are limited, so don't delay.

2. Are you an experienced HCSW, interested in training to become a Registered Nurse, but not sure where to begin? A series of information sessions have been arranged, to talk you through the different options available. These will all take place on Teams as follows:

- Wednesday 16 November
- Wednesday 23 November
- Thursday 8 December
- Thursday 15 December

All sessions start at 2pm, email [matthew.pye@nhs.scot](mailto:matthew.pye@nhs.scot) to request an invite.

**Menstruation and menopause survey** It's World Menopause Day and we are pleased to be supporting a nationwide study exploring the experience of both menopause and menstrual health, while working for NHS Scotland. The survey, which is anonymous and completely voluntary, runs from today until 15 November. The online survey can be filled out by going to <https://bit.ly/mmhstudy>. Alternatively, if you would like to complete a paper survey, you can text or WhatsApp 07507 863828 or email [mipo@glasgow.ac.uk](mailto:mipo@glasgow.ac.uk), along with your name, home address, indicating you would like to answer questions on the menopause or menstrual health. You will then receive a paper survey along with a stamped addressed envelope for its return in the post.

[General information about the study is available here.](#)

**Hyperbaric Medicine – a correction** Please note the one-day course advertised yesterday takes place on **Tuesday 6 December**. If interested in learning more about this unique field of practise, please contact [gram.hyperbaric@nhs.scot](mailto:gram.hyperbaric@nhs.scot) to book your place. Spaces are limited, it is a full day course rather than a drop-in, there is no charge for NHS Grampian or University of Aberdeen staff.

**Staff Equalities Network – meeting tomorrow** The Staff Equalities Network are offering a session tomorrow (19 October) on 'Banter, Bullying, Behaviours, Choices, and Consequences' between 2-3pm. Gerry Cavanagh, Organisation Development Consultant, NHS Lothian will lead the session, which will provide a practical resource and helpful insight if you are a manager or supervisor, and may need to intervene and challenge behaviour, regardless of the intent behind it. All welcome, please email [gram.staffequalities@nhs.scot](mailto:gram.staffequalities@nhs.scot) for the link

**Quality Improvement & Assurance newsletter** The QIA team have advised some edits to their new newsletter changed the link supplied in yesterday's brief. Apologies for any inconvenience, you can read [the newsletter here](#) (intranet link, networked devices only).

**Tune of the day** As highlighted above, it's World Menopause Day, and this has inspired today's tune. My tongue is firmly in my cheek, don't pelt me with rotten fruit, it's [\(Love is Like a\) Heatwave](#) by Martha Reeves and The Vandellas

On a (slightly) more sensible note, [useful videos, leaflets, and more](#) can be found on the British Menopause Society website (EP).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)