DailyBrief...



Wednesday 1 March 2023

HEPMA launches in Grampian HEPMA – a new system which replaces the current paper prescribing and medication administration systems – is officially live in NHS Grampian, as Roxburghe House begins using it for prescribing and drug admin. We'll be working closely with them over the coming weeks and learning from their experiences, ahead of future implementations. Thanks to all the staff at Roxburghe House for working with us and all involved in getting us to this point. Further updates on training, communications and schedule to follow.

Refresher sessions – Flying Start facilitators The NMAHP Practice Education team will be delivering a short refresher session for existing Flying Start Facilitators for all Nursing, Midwifery and Allied Health Professionals. All sessions run 3-4pm, on the following dates:

- 21 March
- 13 April
- 24 May
- 16 August

The sessions will be delivered via MS Teams and are bookable via TURAS. For any other information, please contact gram.practiceeducation@nhs.scot

How have you found Trickle? We asked colleagues on Trickle to sum up their thoughts on the platform using three words – check out what they had to say in the word cloud pictured here. Make sure to join your colleagues on Trickle and take part in future engagement! More info on the Trickle app, including how to join, can be found on the Trickle intranet page.

FY1s at ARI - Roll Up, Roll Up! This week is your last chance to be involved in a new TV series about junior docs at ARI. See poster for details: Tern Filming announcement (nhsgrampian.org)



RCPE: Aberdeen This popular symposium returns on 15 March, providing external CPD and with some fantastic local and national speakers. It is relevant across specialties and disciplines and all are welcome. The event will take place at the Suttie Centre at Foresterhill, between 9am and 4.15pm. Please follow this link below for programme details and to book.

Free training on safe swallowing and texture modified diets Are you involved in preparing or serving food for people with swallowing difficulties? Training sessions will take place on Tuesday 23rd May from 9.30am – 12noon or 1.30pm to 4pm at Ugie House Hotel in Keith. It's a chance to learn from Nutricia expert dysphalgia chefs who will provide practical examples of nutritious and appetising modified diets. Email Johanne.smith@nhs.scot to book your place.

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NHSG Cyber Week Update As of 4pm today, NHS Grampian will move to a new password policy. This means your password will require changed less frequently and it should be easier to remember. When you are next prompted to change your password, the following policy will apply:

- Your password must be no less than 12 characters long.
- Capitals, special characters or numbers won't be enforced, but if you can include them, great! It is good practice.
- Your password should consist of three unique random words.
- The above criteria means you will only have to change your password once a year.

More information about this can be found in the <u>Cyber Security Week newsletter</u>. Please share this information with your colleagues.

NHS Grampian Endowment Fund Applications Please note that due to work taking place around the financial year end, the Endowment Fund will be pausing the processing of new applications from 25th March for three weeks. Applications received on or before Friday 24th March will be processed as normal. Applications received between 25th March and 16th April will be processed after 17th April. If you have any questions regarding timescales or would like to discuss an application, please contact gram.charities@nhs.scot Thank you for your support and understanding.



Great work, team! Congratulations to Dr Mahendran Chetty and the Pleural Team for completing their 10th Medical Thoracoscopy case this week. A big thank you to Mr Mohammed Khalil and the cardiothoracic theatre team for all their support.

We Care Wellbeing Wednesday Developed with the Welfare Cell, We Care have created a new shortened staff support sheet – an easy-access, 1-page summary covering some of the support and wellbeing resources available for staff. It also links you to our previous 'Supporting Staff in Distress & Crisis Information Sheet' via the QR code at the top. Please have a look at the attachments shared with the brief, share with others, or print out for circulation/wellbeing boards. Email gram.wecare@nhs.scot to request paper copies or for more info.

We Care also have a huge list of training opportunities, webinars and events in March and April so have a look by searching 'We Care' on Turas, and get involved if you can.

Free recipes and workouts NHS staff Joe Wicks, The Body Coach, is currently offering three months' free access to his app for NHS workers. The app offers healthy recipes and workouts, and you can sign up using your NHS email address. More info at: <a href="https://doi.org/10.2016/nc.

Tune of the day Today's request is from Felicity Szekely who works at Dr Gray's Hospital who would like to give a shout out to her mum who works in Huntly. Her mum has had an incredible amount going on recently and is a true super woman. <u>This Life by Vampire Weekend</u> is for you, super woman (and everyone who is welling up at this request). Tune! (KJ).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot

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