

CPR for Feet

Check



Check both feet:

- ❖ Are there any breaks in the skin/areas of discolouration?
- ❖ Are there any ulcers present?
- ❖ Is neuropathy present?
- ❖ Is action required?

Protect



Protect feet if

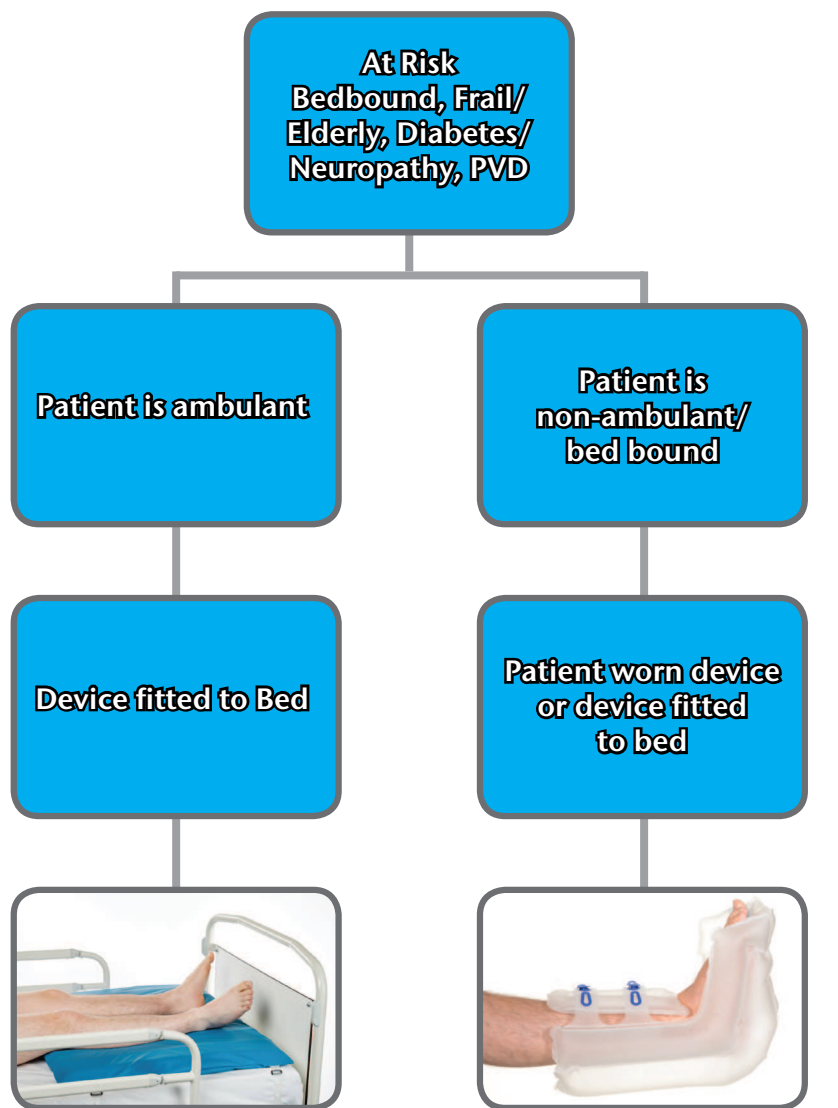
- ❖ Pressure damage/ulcer present
- ❖ or at risk due to:
 - ❖ Neuropathy
 - ❖ Previous ulcer/pressure damage or amputation
- ❖ Bed bound or fragile skin

Refer



Refer all patients with a foot ulcer/pressure damage or other major concern to the podiatry department or tissue viability service for further advice and support. Information on referral pathways is available from your local podiatry and tissue viability service.

Foot / Heel Protection



**REASSESS PRESSURE RELIEF NEEDS
DAILY AND REFER TO LOCAL
PROTOCOL WHERE AVAILABLE**

