

Here is the brief for Thursday 7 October 2021.

Nursing staff request The following message is aimed at non-ward based nursing staff. Ward based nurses are already being asked to undertake additional shifts in their own area

We are looking for volunteers to support staffing across the clinical areas and in particular for 8 stepdown beds in Rosewell that have been closed due to the lack of a registered nurse. This support is required from now onward but in particular over this weekend. We are asking for everyone to consider offering hours over the 24 hour period; we are proposing that the minimum is a 6 hour shift but willing to discuss any support that can be offered. We are aware that this is an additional ask but would not be asking if it was not required. If you can offer hours please make contact via number (01224 5) 58603 – if no answer a message can be left with your contact number and we will call you back as soon as possible.

It is critical that professionally you take guidance from the NMC and follow the professional code to support you as you may find yourselves working in unfamiliar circumstances, skill mix or surroundings or working in clinical areas outside of usual practice for the benefit of patients and individuals (Nursing and Midwifery Council (2020) and 2021))

Can we please ask that you share this widely with your colleagues.

We want to thank you for your consideration and for any time that you may be able to offer.

June Brown (Executive Nurse Director), Jenny McNicol (Acute Director, Nursing & Midwifery), Jenny Gibb (Nurse Director, HSCP and MH&LD), Jane Ewen (Nurse Director, Excellence & Innovation)

COVID-19 vaccination – vaccinated outside Scotland? If you received your COVID-19 vaccinations in England, Wales, Northern Ireland, Guernsey, Jersey, Isle of Man, or the Republic of Ireland, these can now be added to your vaccination record in Scotland. [Full information on how to do this is available on the NHS Inform website.](#)

To help the service process your request, you will be asked to provide:

- the name, date of birth and contact details you used to register with your GP practice
- your preferred method of communication
- your CHI number (if known)
- the country of vaccination
- a clear scan or photo of your QR code or official letter in jpeg, jpg, png or gif format

An official letter without a QR code cannot be verified and will not be accepted as an image. If you don't wish to give your details, you can seek assistance from the National Helpline on 0800 196 8565.

Leadership message Pam Milliken, Chief Officer for Aberdeenshire Health & Social Care Partnership, provides the latest video message from the Systems Leadership Team. [In this short clip, Pam reflects on how important it is for us to treat each other with kindness and respect, particularly given the current pressures across health & social care.](#) Pam was filmed 'on location' in Stonehaven, so be aware there is some background noise in the video.

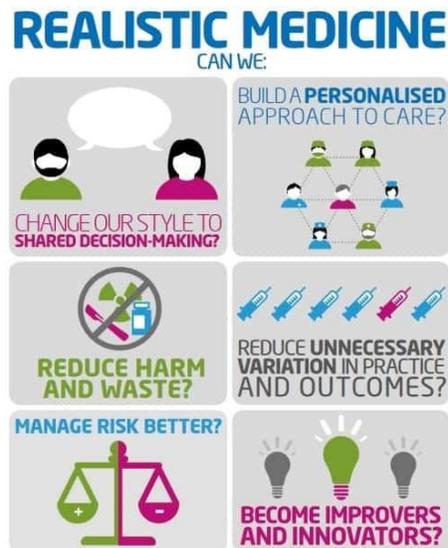
Autumn/Winter staff vaccination programme A big thank you to everyone who has already booked their vaccination appointment – as of today nearly 13,000 health & social care staff appointments have been booked, 7,172 flu immunisations have been administered, and 6,759 COVID-19 boosters have been administered. This represents an enormous effort by teams across Acute, Aberdeen City, Aberdeenshire, and Moray – well done and thank you to them!

[If you have not booked your appointment yet, all the information you need to do this is available online.](#)

As a reminder, the ARI staff clinic will not be available tomorrow (Friday 8) afternoon – we apologise for any inconvenience.

NHS Ayrshire & Arran daily digest Some of you may have received email copies of the daily digest produced by NHS Ayrshire & Arran in recent days. They have advised this is due to an IT error, which they are working hard to correct, and they have asked us to send on their sincere apologies. If you have received this email, you do not need to flag the issue with the NHS A&A team, they are aware. Please delete the email.

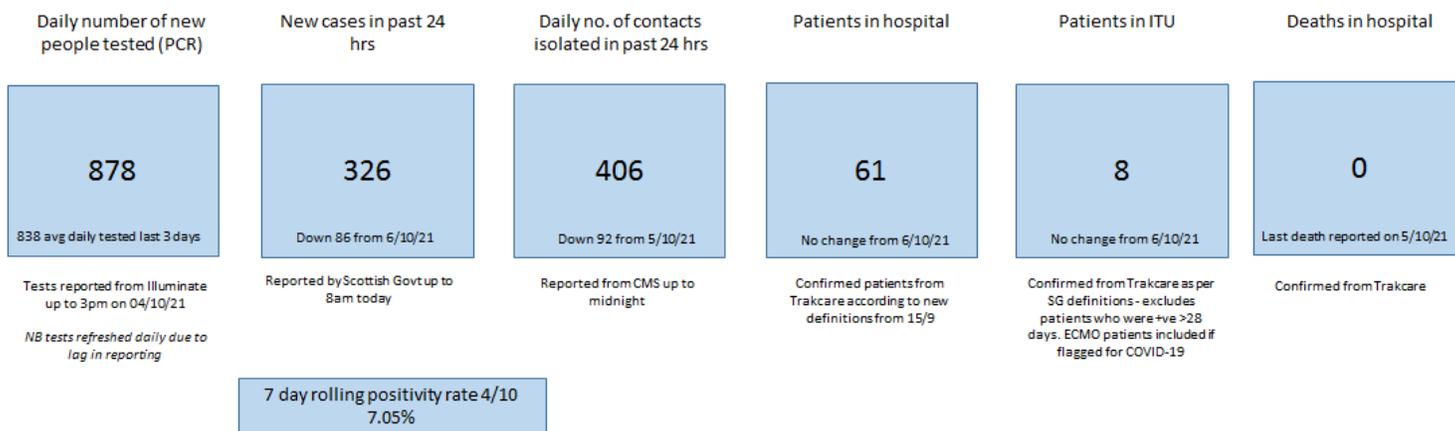
Realistic Medicine – What is it? Realistic medicine is an ethos that is represented by the values and behaviours that underpin a good experience for people who use our services and those working across health and social care.



You are likely to be using a Realistic Medicine approach in your current day to day role, however over the coming weeks more information about the Grampian Realistic Medicine programme will be shared in order to support all of us in embedding a Realistic Medicine approach to the care we deliver. To learn more follow this link – [Realistic Medicine – Shared decision making, reducing harm, waste and tackling unwarranted variation](#) – or scan the QR code below:



Grampian data The local update for today is shown on the next page. [The Public Health Scotland daily dashboard is available to view via this link.](#)



International Podiatry Day This annual event takes place tomorrow (8 October). Across Scotland the population are encouraged to look after their basic foot care needs with help from families, carers and Third Sector services. Podiatrists are autonomous Healthcare Professionals and also work within the wider multidisciplinary team to assess, diagnosis and provide a comprehensive care plan to manage foot and lower limb pathologies. The Podiatry Service includes curative, preventative and long-term palliative care to a wide variety of disorders, injuries and local manifestations of systemic conditions. The overall aim of our profession is to enable independence, improve quality of life and provide a person-centred service for our patients.

- Management of skin and nail disorders
- MSK and biomechanical assessments and treatments
- Minor surgery for toenail removal and deep enucleations
- Ulcer and infection management within domiciliary settings and the Diabetic Care team
- Podiatrists have recently joined Orthopaedics team to deliver the new Foot and Ankle Pathway.

Whether you're at work, playing a sport, enjoying a hobby or relaxing on holiday your feet rarely get a break, so please remember to look after them! You can find out more at [Royal College of Podiatry \(cop.org.uk\)](http://cop.org.uk)

Tune of the day As tomorrow is International Podiatry Day, we're going with a foot theme for the tune of the day. Thanks to Louise Fisher for her great suggestions, we've plumped for [These Boots Are Made For Walkin' by Nancy Sinatra](#).

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot