

Here is the brief for Monday 16 August 2021.

We Care Wellbeing Pulse Survey #2 As part of the We Care programme, our aim is to understand and support your wellbeing and ensure that this is woven into the day to day running of NHS Grampian and the Health & Social Care Partnerships. Our second wellbeing survey is now live, running from today **until midnight on Sunday 29 August 2021**. The wellbeing survey is anonymous and only takes a few minutes to complete. Please share the wellbeing survey link widely with all your colleagues and teams – it can be accessed via [this link](#) or scanning the QR code below.



Website: <https://www.nhsgrampian.org/wecare>

Contact us via e mail: gram.wecare@nhs.scot

Clinical Guidance for Nursing and AHP staff update At the outset of the pandemic, national clinical guidance was issued for community nursing and AHP staff. The Scottish Government's deputy chief nursing officer, Anne Armstrong said: "Reflecting [the move to Level Zero removes] the need for adherence to this guidance, therefore it will not be updated, and services should resume in line with local remobilisation plans.

"Please note that guidance on health care facilities is under active review with a view to reducing the need for physical distancing in some - but not all - areas over the coming weeks and an update will be provided accordingly.

"As before, our professional advisors remain available for advice and support where required."

She added: "I once again want to thank you and your teams for the continued hard work and commitment you have shown and continue to show during this pandemic.

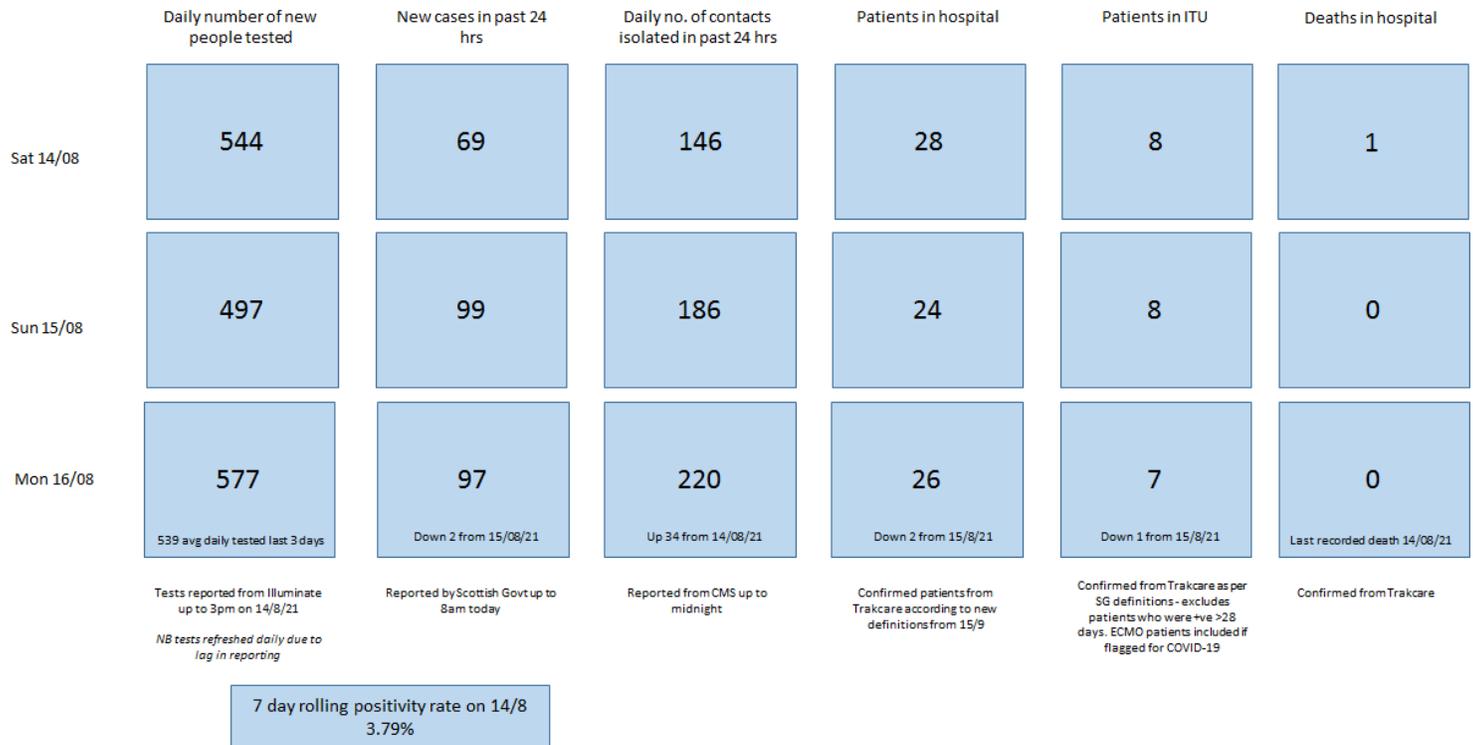
"I would also like to acknowledge once again the responsiveness, innovation and commitment of community health staff to ensure continued high quality service provision and thank all colleagues for their support and engagement with this guidance."

A message from Aberdeen FC As promised during our #StillStandingFree campaign, we want to recognise and thank NHS and health care workers for their efforts throughout the pandemic. Our home game against Ross County on Sunday 29 August will be the first opportunity we've had to do this with the lifting of restrictions allowing us to pack out Pittodrie for the first time in 17 months. Being promoted as our "homecoming", this game will see us pay tribute to NHS Grampian and our key workers, along with some special guests and entertainment, including AFC Women parading their SWPL2 champions trophy.

We are making 150 pairs of tickets for the Ross County game available to NHS Grampian staff, to claim a pair all you need to do is email ticketoffice@afc.co.uk with full name, address, and date of birth. This

offer is not open to existing season ticket holders. Please note you will be asked to show your staff badge when you collect your tickets.

Grampian data The local update for today (and across the weekend), including the 7-day rolling positivity rate, is shown below. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories. The figure for the “daily number of new people tested” is only for the number of tests for people who have not been tested previously.



A national update is available on the [Public Health Scotland daily dashboard](#).

Woo Hoo! – Back to school you go, darling(s)! I’m sure I speak for most of you with school aged children when I say “praise be, school’s BACK!” After what has been an even longer school summer holiday than usual, I am absolutely thrilled at the prospect at the return of some routine and normality.

Tomorrow teenagers will emerge bleary eyed in actual daylight, ready(ish) for the start of a new academic year, after what has been 18 months of turmoil, uncertainty and long periods of home schooling. It has been exceptionally stressful for young people and parents/carers alike and some young people may need some extra support and care to help them navigate the new school year.

For those with younger children, I salute you (in fact I salute all parents and carers)! You have been amazing! Home schooling whilst juggling work and all the other stresses and strains the last year and half has thrown at us, has been exceptionally hard and frankly I think everyone deserves a medal!

Most of you will have been sent information about mitigations schools are putting in place to try to stop COVID-19 infections spreading. You can find the latest advice from the Scottish Government [here](#) but the basics remain the same as they were at the end of last term:

1. Secondary aged pupils should be encouraged to do twice weekly LFD tests which they can pick up from school, local pharmacies or can be ordered [here](#)
2. Parents dropping off/picking up at the school gates should continue to wear masks.
3. Secondary aged pupils should continue to wear masks and will be asked to do so for at least the next 6 weeks.

Here’s to the new school year, long may it continue!

Tune of the day Today's song comes from Ruth and Dawn, midwives in Ward 3, and it's the cracking 80s earworm, from Scottish lads Wet Wet Wet, [Sweet Little Mystery](#). Fascinating facts about this one: firstly Van Morrison sued the band for copyright infringement over some of the lyrics; secondly it reached just number five in the UK chart, a travesty; and thirdly I was a mere one-year-old when it came out.

We're always on the look out for your suggestions of a great song to end the day (or start it, depending on when you read this brief) so just drop us a line via gram.communications@nhs.scot That's also your first port of call if you've got any queries or an item to share.