

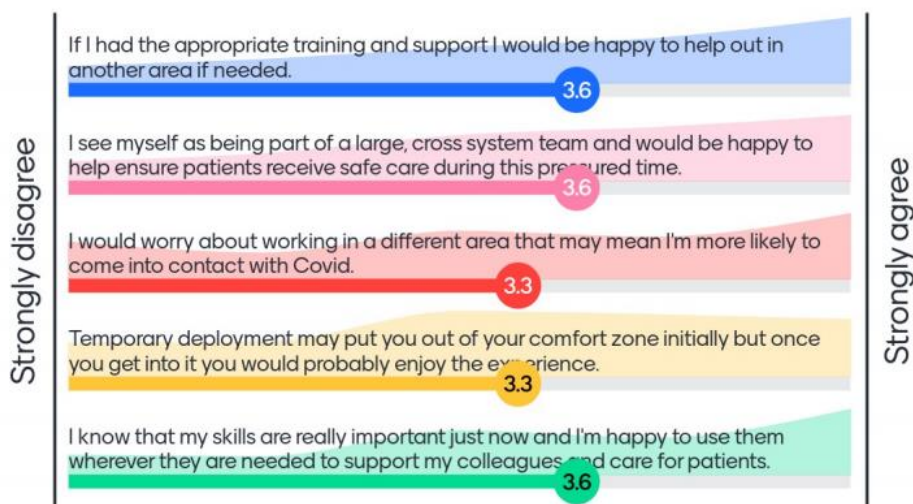
Here is the brief for Thursday 14 January 2021.

COVID-19 vaccine If you have a clinic appointment confirmed and then receive your first dose of vaccine either through Peer to Peer or at another clinic, please ensure you advise your original clinic that you no longer require that appointment. Please do not 'double book' clinic appointments and Peer vaccination as DNAs make additional work for your colleagues working in the clinics, and delays your colleagues getting their vaccination.

A Frequently Asked Questions page on the vaccine – dedicated to health & social care staff - has been created on the Scottish Government website and can be viewed [here](#). We have been inundated with questions about the vaccine programme and would encourage you to consult this page first, as the answers you are looking for may be there.

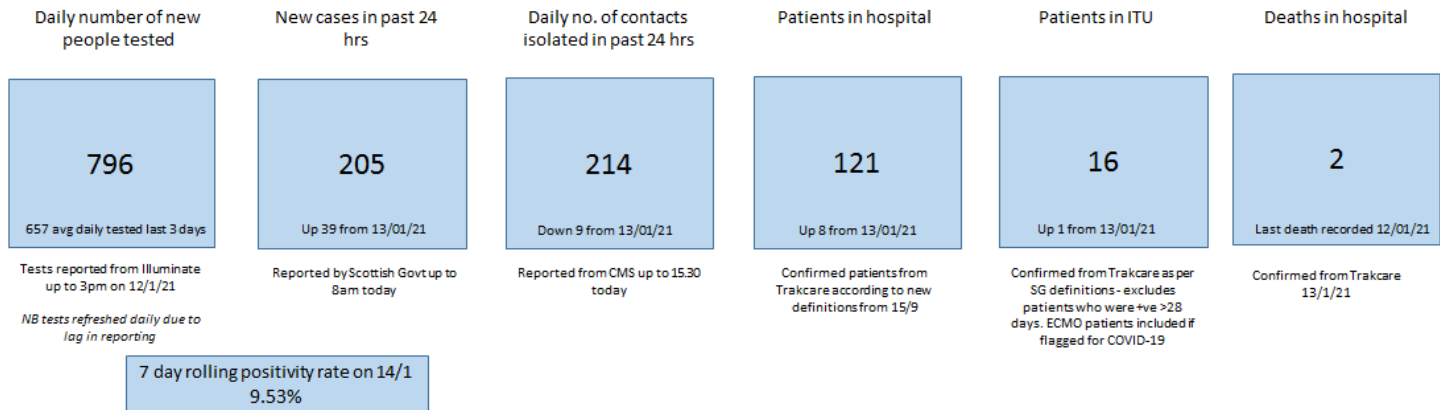
Deployment – we want to know more Firstly, thank you to everyone who took the further opportunity to participate in our Mentimeter questions on deployment. We have now had responses from 550 people and at 15:30 the results were as follows:

Please rate how strongly you agree or disagree with these statements. As always this survey is anonymous and we appreciate and value your honesty.



As you can see, there has not been a significant change in the overall results, suggesting many of you share similar views about this. We want to understand more about the deployment experience – the bad and the good – so we have developed a more detailed survey. This includes free text boxes for you to add your own thoughts. This survey is for anyone who has been deployed from their normal role as a result of our response to the pandemic. It is available [here](#) or by copying and pasting this link into your browser: <http://bit.ly/2LUangY>. This survey is anonymous.

Grampian data The local figures for today are shown below. Following feedback, we will now also include information on the positivity rate in Grampian. If you click [here](#) you can visit the Public Health Scotland website, which includes neighbourhood figures for all local authority areas in Scotland.



Reminder! Survey on the impact of face masks and other PPE on skin The Occupational Health Service are aware many of you may be experiencing skin or respiratory problems associated with prolonged use of surgical face masks (FRSM), FFP3 respirators, and other PPE during the pandemic. There is limited information about the extent of these problems, and the service are encouraging participation in a brief survey (3-5 minutes) to help them identify how many staff are affected and possible contributing factors. The information provided will be used to help in the development of a program to minimise the health impacts of PPE use. You do not need to have experience difficulties personally to complete the survey, which is available [here](#). We invite all staff to complete this survey, regardless of whether they have experienced any difficulties. You may use your smartphone or tablet using the QR code shown below but the best user experience will however be with a computer.



This anonymous survey is conducted in collaboration with colleagues from the dermatology departments from Stanford University and Cleveland Clinic. For any queries, please contact Dr Markus Steiner on markus.steiner@nhs.scot. Additional information is available [here](#) (intranet link, networked devices only)

National Distribution Centre orders DELAYED Please be aware that due to current operational pressures the National Distribution Centre is currently one day behind in delivering orders to NHS Grampian. Every effort is being made to return to the normal delivery schedule however this delay will continue at least until the weekend. For updates on your NDC orders raised on Pecos please contact gram.logscustserv@nhs.scot

Thought for the day Thank you to Dr Claire Nickford, a GP in Turriff, for sharing this quote with us to share with all of you. It is taken from Letters from a Stoic, a collection of letters written by the Roman philosopher Seneca:

“There are more things, Lucilius, likely to frighten us than there are to crush us; we suffer more often in imagination than in reality.”

Questions to ask? Information to share? If you have particular questions – or are aware of questions coming from friends and family – please share them with us. We may not be able to answer every question and it may take us time to get a proper answer, but we will endeavour to respond and share the answers. You can get in touch with us via gram.communications@nhs.scot. Please also use that email address if you have items for consideration for future briefs.