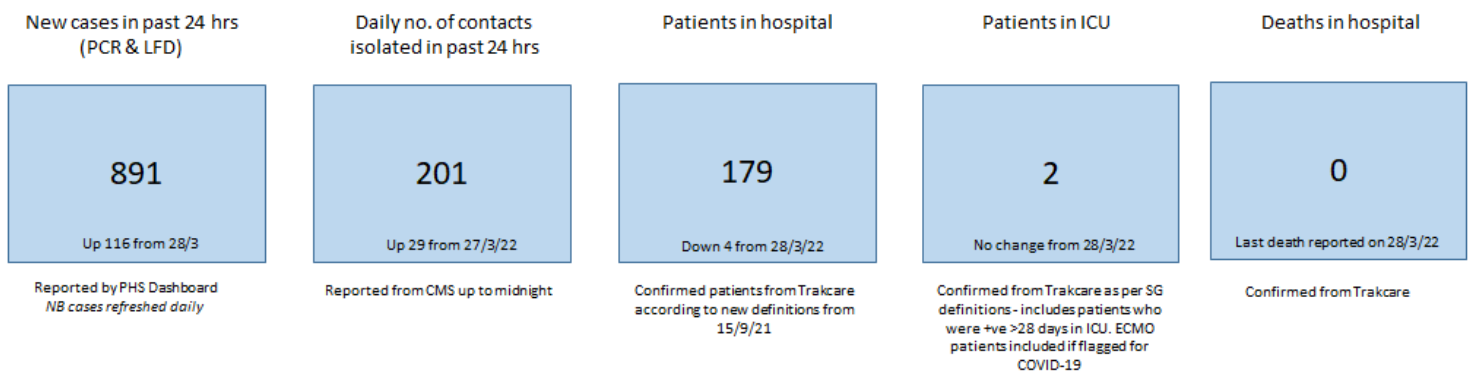


Here is the brief for Tuesday 29 March 2022.

**COVID-19 antiviral treatment** Following the information we shared last Friday on the eligibility criteria for antiviral treatment, a number of you requested further information on the clinical guidance for this treatment. [This is available to view here](#) (intranet link, networked devices only), we hope you find it helpful. The general guidance on who may be eligible for this treatment [is available on NHS Inform](#).

**COVID-19 community pathway** This pathway was set up in March 2020 in response to the pandemic. Following a review which saw a decline in the number of people using the service since the end of December 2021, the decision was made to close the Pathway from Friday 1 April. From this date people who are unwell with COVID-19 symptoms and call NHS 24 during 'office hours' (i.e. Monday – Friday, 8am - 6pm) will be advised to contact their GP practice. 111 will continue to answer calls related to COVID-19 symptoms out of hours.

**Grampian data** The local report is shown below. [The Public Health Scotland daily dashboard can be viewed here](#)



**Community perinatal mental health team** As previously highlighted in this brief, the community perinatal health team launched in Grampian today. This has been developed in partnership with service users, clinical staff, and third sector partners. The team will provide a secondary care specialist service for those aged 18 and over, along with their families, across Aberdeen City, Aberdeenshire, and Moray. They are a specialist multi-disciplinary team providing care and treatment to women who are pregnant or postnatal and are at risk of, or are affected by, mental illness. The team's referral pathways and criteria, along with details on how to access their Advice line for Professionals, is now available under the [Mental Health section](#) on Grampian Guidance. [Much more information about the team is available here](#).

**The Queen's Platinum Jubilee – holiday reminder** The Queen will mark 70 years on the throne by celebrating her Platinum Jubilee on 2 June 2022. The Scottish Government has confirmed that an additional day of Annual Leave is being granted to all NHS Scotland staff in commemoration of this event. The additional day of Annual Leave (defined by an employee's weekly contracted hours divided by 5) will apply to all NHS Grampian staff and must be taken during the 2022/23 leave year. It is recognised this may be difficult for certain medical staff depending on the timing of their personal leave year, however flexibility will be exercised. Every effort will be made to allow staff to take this leave on a flexible basis and at a time most convenient to them. Managers are asked to maximise, the granting of requests for leave on 2 and 3 June 2022, within service pressures.

**DipHE Wellbeing & Enablement - Information Sessions, May 2022** In conjunction with Robert Gordon University, we will soon be offering current Healthcare Support Workers the opportunity to apply for the second cohort of the DipHE Wellbeing & Enablement course. Prior to this being advertised we have arranged some information sessions and would welcome all interested candidates to come along on one of the following dates (all sessions between 11-11.45am, all taking place on MS Teams):

- Friday **06/05/22**
- Friday **13/05/22**
- Wednesday **18/05/22**

Managers who wish to support a Wellbeing and Enablement Practitioner in their area are also invited. To request a link to one of these sessions please contact [gram.practiceeducation@nhs.scot](mailto:gram.practiceeducation@nhs.scot) More information can be found on the [Practice Education intranet pages](#) (intranet link, networked devices only).

**#BigMeterRead** Energy Action Scotland is among the organisations backing this campaign, which is encouraging us to submit gas and electricity meter readings this Thursday (31 March), before the 54% increase in unit charges takes effect on 1 April. If energy bills are a source of concern for you, you can visit the [Energy Action Scotland website](#) for advice and information on potential financial support.

**Rescue: Extreme Medics** The first episode of this documentary series, focused on the Scottish Major Trauma Network, was shown on Channel 4 last night. The Aberdeen team were among those featured and it offered a fascinating insight into the work of major trauma teams. There will be four more episodes, to be shown on Monday evenings at 9pm, with 'catch-up' available via the Channel 4 website.

**Tune of the day** What a difference a day makes, not least when it comes to the weather! Yesterday's blue skies are nowhere to be seen and – on a more serious note – there is a Yellow weather warning of snow and ice from 10pm tonight. Gritting teams will be in action on main roads, please take care if you are travelling; the warning runs until 10am tomorrow. [Frozen by Madonna](#) is our (appropriate) tune of the day.

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)