

Friday 20 October 2023

Storm Babet As shared earlier, new Red and Amber weather warning have been issued across different parts of Grampian, taking effect from midnight tonight. The full update is on the Met Office website, and we would encourage everyone to read this and understand what it means for them: [UK weather warnings - Met Office](#). You should also follow your relevant local authority for the latest information on road closures or other service disruption.

SSEN are reminding all customers to call 105 to report any loss of supply or damage to power lines. You may also wish to download their Power Track app, which will give you details of power outages and restoration times.

The poor weather and road closures have disrupted our catering deliveries. We have not received a bread delivery in Aberdeen today and as such inpatient wards may run out supplies for toast at breakfast. If deliveries resume tomorrow service will return to normal for Sunday breakfast; if not, there will be very limited supplied until Tuesday. In addition, there may have to be some menu changes over the weekend, as catering adapt to the supplies available. Wards will be informed of this directly. Inpatient wards in Aberdeenshire and Moray will NOT be affected by this. Catering apologises for any inconvenience; these circumstances are completely outwith their control.

Please do everything you can to keep yourself and your patients/clients safe.

Celebrating the Fundamentals of Infection Prevention & Control To round off our weeklong focus on infection prevention and control, we're looking at respiratory hygiene. This isn't just for winter but is relevant all year round. Be prepared 365 days a year, have signage in corridors and waiting areas, and have your tools for success: tissues, masks, hand sanitiser, and waste bins.

BSc Healthcare Practice Top-Up Degree - Cohort 8 starting January 2024 The application window for the next cohort of the Top Up Degree is now open. Limited places are available for the BSc Healthcare Practice. The deadline for applications is 4pm on Wednesday 1 November 2023. Please see attached flyer and submit your 500-word personal statement to gram.topupdegree@nhs.scot

Developmental Language Disorder Day/International Stammering Awareness Day Our speech & language therapy colleagues have been in touch to highlight two important awareness campaigns.

- Developmental Language Disorder (DLD) Day is today. DLD is a hidden but common disability, affecting 1 in 14 people causing difficulties understanding and using language for no known reason. It's more common than autism! The 2023 DLD theme is 'DLD Around the World' as DLD occurs in every language and lots of landmarks across the world will be lit up purple. Many speech and language therapists (SLTs) work with children and adults with DLD to support their communication. Find out more at www.radld.org

- International Stammering Awareness Day will take place on Sunday. Up to 8% of all children – and 1 in every 100 adults – stammer. This means many of us will encounter patients or clients who stammer. STAMMA is the UK charity supporting people who stammer, and they've produced a handy communication guide: [In Conversation With Someone Who Stammers | STAMMA](#)



That was the week that was What did we share this week, and when? Here's your Friday whistlestop tour:

Monday 16 - Long Covid – single point of contact, referring for blood tests at secondary care hubs.

Tuesday 17 - ADHD medication supply issues, staff vaccination clinics – new dates at ARI.

Wednesday 18 - human trafficking – our role in stopping it, iMatter for Doctors & Dentists in Training, Inspiring NMAHPs award.

Thursday 19 - changes to pension scheme – reminder, patient Christmas presents – funding from NHS Grampian charity.

[All briefs are stored online, just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award Friday felicitations to Imogen Hart, a staff nurse in critical care at ARI, who received her STAR Award this week. Imogen was nominated for the exceptional care she provided to a vulnerable patient. If you want to make a STAR Award nomination, simply [complete the online nomination form](#), or email the details of the person/team you want to nominate to gram.staffthanksandrecognition@nhs.scot

Tune of the day It's Friday, so I'm going to leave you a couple of requests. Firstly, we say congratulations to Rashna Kemp on passing her prescribing exam. All the 'Haem Team' say well done and have requested [Don't Stop Me Now](#) by Queen.

Throughout this week, the IPC team have been coming up with suggestions as part of International Infection Prevention Week; today it's [Hair Up](#) from the Trolls soundtrack

It's been a heck of a week. Stay safe, stay dry, stay warm. We'll be back on Monday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot