

Friday 15 September 2023

Pitstops Over the next few months, the Aberdeen City HSCP organisational development team will be hosting a new series of 'Pitstops'. These will cover a variety of topics based around change, engagement, leadership and wellbeing. The Pitstops are short 1 hr sessions, which will focus on a specific tool or method and explore how you can practically apply it in the workplace. The sessions are open to anyone working in health & social care, right across Grampian.

The first Pitstop will take place on Friday 29 September, between 2-3pm and will focus on the "McCarthy Model of Communication". This handy tool can be used to explore your own preference for communication, recognise other people's preferences, and give you a framework for structuring your communication to ensure your message gets heard first time, more of the time. If you're interested and would like to sign up, [please complete this form](#) and a Teams invite will be sent to you.

Last chance - Ministerial Taskforce on Nursing & Midwifery A national taskforce, looking at all aspects of nursing and midwifery in Scotland, was set up earlier this year. As part of their work, they are looking for as many current nurses and midwives as possible to complete a short 'pulse' survey. This covers a range of topics, including how we better attract more people into these professions. The survey will close on Monday (18 September), so time is running out. [You can get involved via this link](#).

That was the week that was Another busy week, here's the top items we shared:

Monday 11 – NHS Grampian to become a corporate provider of naloxone ([watch this video for more](#)), nurse training opportunities.

Tuesday 12 – invitation to attend our first Diversity Festival ([you can register via this link](#)), FFP3 masks and face fit testing.

Wednesday 13 – reporting incidents of verbal abuse, changes to the referral process for cardiology at Dr Gray's Hospital.

Thursday 14 – staff vaccinations update, Think Sinks, Think Splash, Think Safety information video

[All briefs are stored online, just click this link](#) or visit Working with Us/HR Portal/NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award Every STAR award winner is special; occasionally you get one which stops you in your tracks. Kiah Flett, a healthcare support worker on Ward 5 at Dr Gray's Hospital went above and beyond to ensure a patient could play a virtual part in a relative's wedding, arranging a private room for them, and taking care of the technology. This meant the patient was able to be involved on a hugely important day for their family. The STAR (Staff Thanks And Recognition) Awards are our way of celebrating the amazing people working across Grampian. Get involved and [complete the online nomination form](#), or email the details of the person/team you want to nominate to gram.staffthanksandrecognition@nhs.scot

Tune of the day We're saying another goodbye today, this time to Linda McKerron. Linda has been an absolute stalwart of the Learning & Development team; Sandi and all the gang wish her the very best for a long and happy retirement. For Linda, [Tina Turner and Simply the Best](#)

We've made it, more or less, to the end of another working week – bravo! Thank you for everything you've done this week; if you're working through the weekend, take care, if you've got some down time, enjoy. The brief will return (with my colleagues at the helm) on Monday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot